**Form 4**

**PROGRAM CONTENT SHEET**

**Please return this form before 16 February 2024**

to Organizing Committee: elisabethcognet@gmail.com, sylvie.coupez@wanadoo.fr

| **Team Name** |  |
| --- | --- |
| **Coach** |  |

**ELEMENTS IN ORDER OF SKATING DURING THE PROGRAM**

**(using the ISU abbreviations)**

|  | **Elements Free Program** |
| --- | --- |
| **1** |  |
| **2** |  |
| **3** |  |
| **4** |  |
| **5** |  |
| **6** |  |
| **7** |  |
| **8** |  |
| **9** |  |
| **10** |  |
| **11** |  |
| **12** |  |

| **Date** | **Signature** |
| --- | --- |